

FORERUNNER® COMPARISON CHART

Specifications	610	410	210	110	310XT	FR60
High sensitivity GPS	✓	✓	✓	✓	✓	-
Weight Mens	60 g	60 g	52 g	52 g	72 g	44 g
Weight Womens	-	-	-	52 g	-	41 g
Battery life	8 hours GPS 1 month watch mode	8 hours	8 hours	6 - 8 hours training	Rechargeable lithium 20 hours	1 year (CR2032) lithium battery
Water resistant	✓ (IPX7)	✓ (IPX7)	✓ (IPX7)	✓ (IPX7)	✓ (50m)	✓ (50m)
Memory	1000 laps or up to 1 year data	1000 laps 100 locations	1000 laps	180 hours	1000 laps 100 locations	100 laps or up to 15 hours data
Heart rate monitor	✓ Softstrap (HR version)	✓	✓	✓ Optional	✓ Optional	✓
Bike speed/cadence sensor	✓ Optional	✓ Optional	-	-	✓ Optional	✓ Optional
Foot pod	✓ Optional	✓ Optional	✓ Optional	-	✓ Optional	✓ (Bundle version)
Wireless data transfer	✓	✓	-	-	✓	✓
Garmin Connect - Data analysis	✓	✓	✓	✓	✓	✓
Virtual Partner®	✓ Plus Virtual Racer	✓	-	-	✓	✓ Pace only
Auto Pause®	✓	✓	-	-	✓	✓ (Bundle version)
Auto Lap®	✓	✓	✓	✓	✓	✓ (Bundle version)
Auto Scroll	✓	✓	-	-	✓	✓
Pace alert	✓	✓	-	-	✓	✓ (Bundle version)
Time/distance alert	✓	✓	-	-	✓	✓
Interval training	✓	✓	✓	-	✓	✓
Customisable screen(s)	✓	✓	-	-	✓	✓
Multisport mode	-	-	-	-	✓	-
Calories	✓	✓	✓	✓ HR version	✓ Advanced with HR version	✓
Time, date and alarm	✓	✓	✓	✓	-	✓
Training Effect	✓	-	-	-	-	-